GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40	FE-2	Post-Sleep
06:10-06:20	CDR	Hematocrit
	FF 4	Post-Sleep
06:20-06:30	=FE-1	Hematocrit
06:20-07:10	CDR	DCDA Blood Applysis
06:30-06:50	FE-1 as subject	PCBA Blood Analysis
06:40-06:50	FE-2	Hematocrit
06.50 07:40	FE-1	Post-Sleep
06:50-07:10	FE-2 as subject	PCBA Blood Analysis
07.40 07.20	CDR as subject	
07:10-07:30	FE-2	
07:10-08:00	FE-1	Drockfoot
07:30-08:20	FE-2	Breakfast
07:30-08:00	CDR	Post-Sleep
08:00-08:50	CDR	Breakfast
08:10-08:15	FE-1	Updates to Data on Wrench Fitchecks to Vozdukh БВК. Conference w/Experts (S-band)
08:15-08:45	FE-1	Mark Drag
08:20-08:50	FE-2	Work Prep
08:45-08:50	FE-1	PLANTS-2. Equipment Monitoring
08:50-09:05		Daily Planning Conference (S-band)
00.05 00.05	CDR	Work Prep
09:05-09:25	FE-1	Inventory Management Conference (S-band+VHF)
09:05-09:45	FE-2	СОЖ Maintenance
09:25-10:25	CDR	
09:25-09:55	FE-1 as subject	Periodic Health Assessment - CMO
09:55-10:25	FE-2 as subject	
09:45-09:50	FE-2	CO2 Measurements Using Carbon Dioxide Monitoring Kit
09:55-10:00	FE-1	Updates to Data on Wrench Fitchecks to Vozdukh БВК. Conference w/Experts (S-band)
10:00-11:30	FE-1	Cleaning of Vents on FGB Closeout Panels
10:25-10:55	FE-2, CDR as subject	Periodic Health Assessment - CMO
10:55-11:25	CDR	Recording of Periodic health Assessment Data
10:55-11:10	FE-2	CWC Inventory
11:25-11:40	CDR	Hardware Stowage
11:30-12:30	FE-1	PHYSICAL EXERCISE (VELO+HC) - 3
	FE-2	BSTC and GSM Transfer from ER4 to ER3
11:40-12:40	CDR	PHYSICAL EXERCISE TVIS
12:30-13:30	FE-1,FE-2	Lunch

12:40-13:40	CDR	
13:30-13:45	FE-2	Vacuum Access Jumper (VAJ) Leak Check on NODE (Completion Operations)
13:30-15:30	FE-1	"Potok-150MK" Fan Functionality Test. Conference with Expert. (S-band)
13:40-14:40	CDR	RFCA Rack Flow Regulator Unit Reconfig
14:40-15:15		Data Transfer from TVIS/RED/CVIS to MEC
14:45-15:15	FE-2	CWC Servicing
15:15-16:45	CDR	Physical Exercise RED
15:45-16:45	FE-2	Physical Exercise TVIS
15:45-16:05	FE-1	Vozdukh Valve Non-Op Closure
16:05-16:45		Delta File Downlink Prep
16:45-18:15		Physical Exercise TVIS - 3
	FE-2	Physical Exercise RED
16:45-16:55	CDR	LAB P/L Status Check and Checkout
18:15-18:45		Review of Next Day's Plan
18:45-19:15		Work Prep
19:15-19:30		Daily Planning Conference (S-band)
19:30-20:00		Dinner
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-Sleep
21:30-06:00		Sleep

 $\mbox{\bf Note:}$ Cf. OSTP for missing references to US tasks. END OF RADIOGRAM